



# Team Day at Novapolis

**Bring your team to Novapolis!**

## THE PACKAGE INCLUDES

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**Meeting room + refreshments  
(4-30 people)**

half-day meeting: **45 €** / person + VAT

all-day meeting: **60 €** / person + VAT

**The refreshments include:**

morning and/or afternoon coffee  
with pastries, diverse buffet lunch

**Activity (service provider's price):**

Craft Workshops

Team Coaching

Wine Masterclass

Pasta Masterclass

Padel & Gym Workouts

Painting and Gratitude Workshop

Microsoft 365 Trainings & Workshops



# Activities



## Tan-ko Padel

Max. 6-8 people, starting from **35 € / h**  
Includes padel rackets and balls  
(Coach available with an extra charge )

## Tiimihenki Oy

Team Coaching

5-15 people, **905 €**  
(incl. kick-off meeting + planning)

Team spirit coaching develops team cohesion and camaraderie in a fun way. Using a modern, activity-based coaching method for team spirit, all participants are engaged, allowing everyone to collaboratively develop essential teamwork skills.

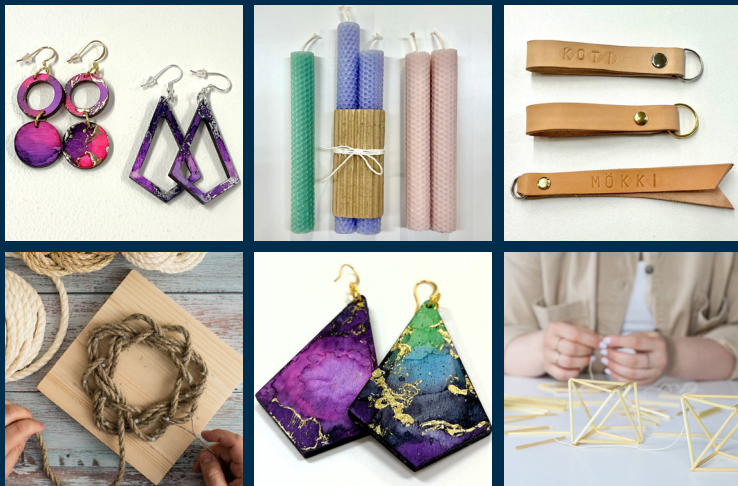
VAT of 25.5% will be added to prices.

## Tan-ko Gym Workouts

**135 € / h**

A versatile guided workout focusing on muscle strength and mobility, tailored to fitness level. For groups over 10 people, the gym can be reserved for private use during the training.

# Activities



## Taito Shop's Workshops

The price of the workshops consists of guidance (65 € / h) and course-specific material costs detailed below.

Beeswax Candle 25 € / person (incl. VAT)

Paper Straw Mobile 25 € / person (incl. VAT)

Plywood Jewelry/Pendant 39 € / person (incl. VAT)

Leather Keychain 23 € / person (incl. VAT)

Braided Rope Trivet 23 € / person (incl. VAT)

## Atelier Satu Suomalainen

### Gratitude workshop

Minimum 5 people, 54 € / person

### Paint & Wine

(42x30cm canvas)

5-12 people, 62 € / person

13-30 people 54 € / person

### Group Painting

100x80cm 293€

150x100cm 493€



## Elettra Oy/Sorrento

### Pasta Masterclass, Sorrento Pranzzeria

Min. 10 hlö - max. 20 people, 54 € / person

Roman Dario Barcone demonstrates how to prepare pasta classics. Includes a lecture, antipasto table, and an alcoholic drink.

### Wine Masterclass, Sorrento Pasteria

Min. 20 people, 54 € / person

Wine lecture, four-wine tasting and a large antipasto spread.

VAT of 25.5% will be added to prices.



# Activities

## Tahto Group Oy

Microsoft 365 -trainings and workshops

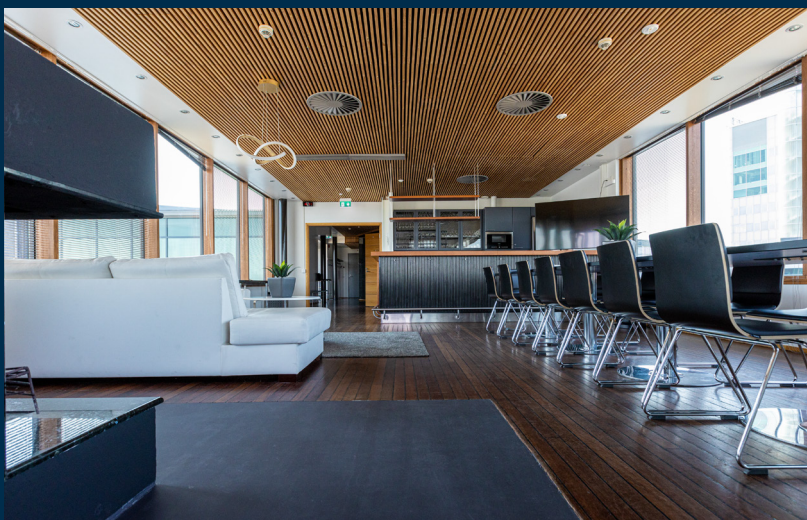
5-30 people, 400-800 €

Bring energy, fresh insights, and practical tools to your team days and meetings to streamline everyday work! Learn how to use Microsoft 365 applications effectively — get the best tips for information management, collaboration, and boosting productivity.

The training also introduces the Copilot AI assistant: discover how AI can help with brainstorming, content creation, and decision-making, and how to smoothly integrate Copilot into your daily workflow.

These trainings are especially suitable for specialists, team leaders, and management. All sessions are tailored to the client's needs. Workshops and trainings last 1–2 hours.

Join us to learn, get inspired, and develop your team's skills — with Tahto Group's trainings, everyday work becomes easier and collaboration gains new momentum!



**A sauna evening can also be arranged alongside the team day – we're happy to provide a quote!**

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